

2023

PHYSICAL EDUCATION

1st Semester End Examination: 2023

SUBJECT : BPESMJ0 IT

Foundation of Physical Education and Sports Science

Full Marks : 40

Time :3 Hrs.

*The figures in the right-hand margin indicate marks.
Candidates are required to give their answer in their own
words as far as practicable.
Illustrate the answer wherever necessary.*

Group: A

1. Write any five questions. Each question carries 2 marks: 5x2=10
1. Define Physical Education according to C.A. Buchor.
 2. Define Growth and Development.
 3. What are the various subjects related to sports science?
 4. What is 'Motivation'?
 5. What is the full form of YMCA and NPPER?
 6. Name any four Physical Education teacher training institutions in West Bengal.
 7. What is Emblem?
 8. Write down the objectives of Modern Olympic Games.

Turn Over

Group: B

Write any four questions. Each question carries 5 marks: 4x5=20

9. Write down the misconceptions of Physical Education concept.
10. Explain the modern concept of Physical Education.
11. Write a short note on socialization through Physical Education and Sports.
12. Write a short note on various National Sports Awards in India.
13. Write note on 'Dhyanchand' Award.
14. Write a short note on historical background of Asian Games.

Group: C

Write any one question. Each question carries 10 marks: 1x10=10

15. Write an essay on importance of Physical Education and sports in modern society. 10
16. Discuss about different aspects of Ancient Olympic Games.

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