

Value Added Courses [VAC]

[NEP]

B.A/B.Sc. First Semester End Examination-2024

PAPER: VAC-II- Mental Health & Well Being

Full Marks: 40

Time: 02 Hrs.

The figures in the right hand margin indicate marks.

Candidates are required to give their answers in their own words as far as practicable.

Illustrate the answers wherever necessary.

Group A

Answer any FIVE questions of the following: 5x2= 10

1. What is defence mechanism?
2. What do you mean by emotion?
3. Write down the full form of IQ and EQ.
4. Mention the importance of mental well being.
5. Define maladjustment.
6. What is oedipus complex?
7. Define child psychology.
8. What is meant by social health?

Group B

Answer any FOUR questions of the following: 4x5 = 20

9. Discuss the role of a teacher in protecting child's mental health.
10. Write the different types of emotion.
11. Write short notes on any two of the following
 - a) Schizophrenia b) paranoia
 - c) OCP d) Narcissistic personality disorder
12. Explain in short the causes of mental illness with suitable example.
13. Discuss Id, ego, super-ego in Freud's theory of psycho-analysis in the context of adjustment.
14. Explain the characteristics of personality.

Group C

Answer any ONE question of the following: 1x10 = 10

15. What is adjustment? Discuss briefly the criteria of good adjustment? 2+8
 16. Explain the different levels of mind.
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